



## DIY Deodorant

Deodorant can contain a lot of harmful chemicals. Save time and money by making this natural homemade deodorant with coconut oil, baking soda & oils. Prep Time 20 minutes

### Ingredients

- 2 Tablespoon shea butter
- 3 Tablespoon coconut oil
- 3 Tablespoon baking soda
- 2 Tablespoon arrowroot powder (or organic cornstarch, optional)
- 2 drops Wild Orange Essential Oil
- 2 drops Peppermint Essential Oil

# Instructions:

1. Place the shea butter and coconut oil in a quart size mason jar (4 cups).
2. Place the mason jar in a small saucepan of water and heat over low heat until the shea butter and coconut oil have just melted.
3. Remove from heat and add the baking soda and arrowroot if using.
4. Mix well.
5. Add the essential oils and pour into a glass container for storage. It does not need to be stored in the fridge.
6. If you prefer, you can let it cool and pour it into an old deodorant stick for easier use, though it may melt in the summer!

## Notes:

It may take several hours to completely harden. This process can be sped up by putting in the fridge for a few minutes.