

A photograph showing two bottles of doTERRA essential oils (Rosemary and Peppermint) and fresh rosemary and mint leaves on a wooden surface. A green banner with white cursive text 'DIY Dry Shampoo' is overlaid on the top part of the image.

DIY Dry Shampoo

It's okay to give your hair a break from the shampoo every once in a while. This dry shampoo made with essential oils is a great way to keep your hair looking, smelling, and feeling great for those days between washes.

Ingredients

For light hair:

¼ cup arrowroot powder

2 drops Lavender oil

2 drops Rosemary oil

2 drops Peppermint oil

For dark hair:

2 tablespoons arrowroot powder

2 tablespoons cocoa powder

2 drops Lavender oil

2 drops Rosemary oil

2 drops Peppermint oil

Instructions

Put arrowroot powder, cocoa powder (if using), and essential oils into food processor. Pulse until well combined. Store in glass jar, To use, apply powder to roots and oily parts of hair using an old (washed) makeup brush.