

Make your own natural dishwasher tablets by following this simple step-by-step recipe. This DIY contains traditional cleanses with doTERRA On Guard® Cleaner concentrate and the refreshing Grapefruit oil aroma, leaving your dishes clean and smelling fresh.

## **Ingredients:**

1 cup baking soda

¼ cup citric acid

1 tablespoon doTERRA On Guard® Cleaner concentrate

5 drops Grapefruit essential oil

3 drops On Guard® Protective Blend

## **Instructions:**

Put baking soda, citric acid, doTERRA On Guard® Cleaner concentrate, On Guard® Protective Blend and Grapefruit essential oil in a mixing bowl.

Mix together until the mixture is an even consistency.

Place in silicon moulds and let sit for four hours. Remove tabs.

Store in an airtight container.

Use in dishwasher in place of store-bought dishwasher tablets.