



Balance Deodorant Recipe

DIY homemade deodorant without beeswax - using only 4 ingredients! all natural and actually works!

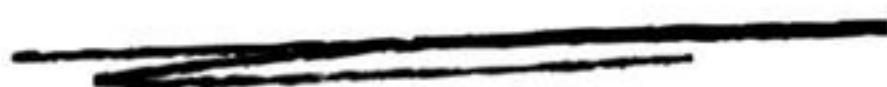
Ingredients

4 tbsp coconut oil

5 tbsp corn starch

1 tbsp and 1 tsp baking soda

10 drops DoTERRA Balance Essential Oil





What Each Ingredient Does

- Baking soda & Corn starch – Absorb sweat and sebum on skin and neutralize stink.
- Coconut oil– Anti-inflammatory, moisturizes skin, prevents skin irritation & rashes. It also keeps the deodorant a nice creamy but solid consistency as you can see in the picture.
- Balance Oil- The warm, woody aroma creates a sense of calm and well-being to uplift your mood and boost your confidence.



Directions

Combine all ingredients (except the essential oil) in a pan on low heat.

Stir with a wooden spoon until everything melts.

Now let it cool off for about a minute then gently pour it into a GLASS jar (60ml). Do not use plastic because it will melt (and is not sustainable).

Add the Balance essential oil and stir well with a chopstick(or something similar). It will get into a kind of creamy but more solid consistency that you can easily scoop out with your finger.

It's ready! Store at room temperature in a cool dark place. It lasts over 3 months!



How to use

To use, scoop out a tiny pea sized amount using a clean fingertip and apply. Make sure to use clean and dry fingers – do not introduce water into the deodorant.

This homemade deodorant has a good consistency that sinks right into your skin when you apply. Even if you have armpit hairs, you can still use it without any problems – it will not leave a trace like some store bought deodorants that are a chalky mess.